CHCA High School Detroit Service Immersion FINAL DETAILS & SCHEDULE



Wednesday, October 30 - Friday, Nov 1 2019

Serve & Learn: Together we will work hard to fight poverty, build community. In Detroit, our group will serve with <u>Cass Community Social Services</u>. CCSS is Detroit-based agency dedicated to providing food, housing, health services, and job programs. Service may include volunteering at the emergency shelter, food pantry, and social enterprises such as Tiny Houses and Green industries.



Depart from school at 2:00pm on Wednesday 10/30. You may store your luggage in the SOS room or in the innovation hallway during school.

We will return late Friday evening- between 10:30-11pm on Friday.

Our Goals are to work hard, learn about urban poverty & homelessness, build new friendships in our group, try things that might be new to us, grow in our faith and to have fun!

Packing List

- \$20+ for two dinners, money for snacks as desired.
- Bring two sets of work clothes and a pair of hard soled work shoes that can potentially be ruined by paint or grime.
- Heavy duty work gloves –or multiple sets of jersey gloves as they get wet & ruin quickly.
- Change of clothes for Thursday & Friday
- Sweats/shorts to sleep in (no PJ's or nightgowns)
- Sleeping bag and pillow, air mattress
- Bible and pen
- Personal toiletries and bath towel
- Roll of paper towels and/or toilet paper to donate
- Reusable water bottle REQUIRED
- Extra shoes (in the event of rain, mud, paint)
- Rain jacket
- Warm clothes/layers as needed Please watch weather forecast for Detroit.

Don't Bring

- Anything you don't want to lose (jewelry, excess cash)
- New attire

Optional:

- Healthy snack to share with group
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Location & Emergency Phone

Cass Community Social Services: 11745 Rosa Parks Blvd, Detroit, MI 48206

Rev. Sue Pethoud (313) 883-2277, ext 203. Cass Community has multiple housing for volunteer groups. As of 9/6/19 our housing location has not been assigned. We will update asap.

<u>Possible service work for our group</u>: interact with adults w/ disabilities, yard work, light maintenance, soup kitchen, recycle tires into new products, etc.

<u>Please Note:</u> Students will be assigned jobs that are safe and age appropriate. The Cass Community staff works alongside our students to teach skills

Detroit Service Immersion Tentative Schedule

Wednesday, October 30

2:00pm	Depart from CHCA, dinner on the way
7:00pm	Arrival
7:30/8:00	Orientation to Cass Community, unpack
8:30	Group Meeting
9:30	Group Activities
10:45	Ready for bed
11:00	Lights out
Thursday, October 31	
7:00	Wake up and Breakfast (Group 1)
8:30	Devotions
9:00	Morning Service
12:00	Lunch
1:00	Afternoon Service
4:15 pm	Free time at housing site, shower & rest
5:30 pm	Dinner
6:30-9:30 pm	Riverwalk (weather permitting) and/or ice cream downtown, debrief/reflection &
40.00 mm	prayer, free time
10:00 pm	Lights out
	Friday, November 1
7:00	Wake up and Breakfast (Group 2)
8:00	Devotions
9:00	Morning Service
12:00	Lunch. Load up vans for evening departure, clean up area
1:30	Afternoon service
4:00	Debrief & reflection with Cass Community Staff
5:00	Dinner in Detroit
7:00	Departure
10:30-11:00pm	Return to CHCA

Volunteer & Service-Learning Guidelines

- 1. Safety is our number one rule. Stick together, stay with the group.
- 2. The greatest gift that you can give anyone is a smile and a warm spirit of friendship.

"Every time you smile at someone, it is an action of love,

a gift to that person, a beautiful thing."

Mother Teresa

- 3. Volunteer in a spirit of *humility* and with a genuine desire to meet and talk with the local people.
- 4. *Be aware of the feelings of other people,* thus preventing what might be offensive behavior.
- 5. Cultivate the habit of *listening* and *observing*, rather than merely hearing and seeing.
- 6. Keep cell phones OFF at devotions, service work, meals, group meetings, etc., even in the vans.
- 7. Realize that people in the community you visit often have time concepts and thought patterns different from your own. *Not inferior, just different.*
- 8. Discover the *enrichment* that comes from seeing another way of life . . .
- 9. Cultivate the habit of asking question instead of *knowing all the answers*
- 10. Remember that you may be one of many volunteers. *Do not expect special privileges.*
- 11. Reflect on your experiences; seek to deepen your understanding. "What enriches you may rob or violate others."
- 12. Give 110%. Be respectful of the property of the school or agency. Make each place look better than before you arrived.